



Sattvic Sage
 आयुर्वेद & योग
 A personal journey to natural health

~ 2022 YTT SUMMER CLASS SCHEDULE ~

Summer 3-Month Intensive Program June 5 – August 28, 2022

	JUNE		Central Time
Sunday	06/05/22		10 am - 6 pm
Tuesday	06/07/22		5 pm - 9 pm
Friday	06/10/22		5 pm - 9 pm
Saturday	06/11/22		10 am - 6 pm
Sunday	06/12/22		10 am - 6 pm
Tuesday	06/21/22		5 pm - 9 pm
Friday	06/24/22		5 pm - 9 pm
Saturday	06/25/22		10 am - 6 pm
Sunday	06/26/22		10 am - 6 pm
Tuesday	6/28/22		5 pm - 9 pm
	JULY		Central Time
Friday	07/01/22		5 pm - 9 pm
Tuesday	07/05/22		5 pm - 9 pm
Friday	07/08/22		5 pm - 9 pm
Saturday	07/09/22		10 am - 6 pm
Sunday	07/10/22		10 am - 6 pm
Tuesday	07/12/22	With Treya Jaholkowska	5 pm - 9 pm
Friday	07/15/22		5 pm - 9 pm
Tuesday	07/19/22		5 pm - 9 pm
Friday	07/22/22		5 pm - 9 pm
Saturday	07/23/22	With Shannon Chada	10 am - 6 pm
Sunday	07/24/22		10 am - 6 pm
Tuesday	07/26/22	With Treya Jaholkowska	5 pm - 9 pm
Friday	07/29/22		5 pm - 9 pm
	AUGUST		Central Time
Tuesday	08/02/22		5 pm - 9 pm
Friday	08/05/22	With Misty Soderholm	5 pm - 9 pm
Saturday	08/06/22	With Misty Soderholm	10 am - 6 pm
Sunday	08/07/22		10 am - 6 pm
Tuesday	08/09/22		5 pm - 9 pm
Tuesday	08/16/22		5 pm - 9 pm
Saturday	08/20/22	Hindu Temple of Greater Chicago	10 am - 6 pm
Sunday	08/21/22		10 am - 6 pm
Tuesday	08/23/22		5 pm - 9 pm
Friday	08/26/22		5 pm - 9 pm
Saturday	08/27/22	Community Yoga / Graduation	10 am - 6 pm